

## HOMework

for

### SKELETONS, SCHEMATICS AND MISFITS – RED ALDER 2022

The homework for this class consists of two exercises, each intended to allow you to personalize the information you will get in the class and to make it work for you as you begin to think about your next knitting project.

The first exercise – Define your Style – will help you identify your design preferences with regard to the clothing you wear. If you already have a well-defined style, the questions will allow you to articulate this in a way that will be useful as you begin to individualize the principles developed in the first part of the class.

The second exercise asks that you come to class with a few body measurements at hand. This information will remain entirely personal. You will not be asked to reveal it to the class or to me, or to discuss it publicly. You will use these measurements to create what I call a personal design skeleton, an invaluable tool that will allow you to anticipate how any specific garment will fit you and to make an informed decision about a project even before you begin swatching the yarn.

If you have any questions about the homework or the materials you will need to have with you, please feel free to contact me at [catherine@catherine-lowel.com](mailto:catherine@catherine-lowel.com).

#### Define your Style

Describe your style – your design preferences with regard to the clothing you wear – to someone who is not familiar with you by answering the following questions. Think of this as your two minute “elevator pitch.”

What is your “look?”

What are your guiding principles?

What are the features of your style?

How is your style unique?

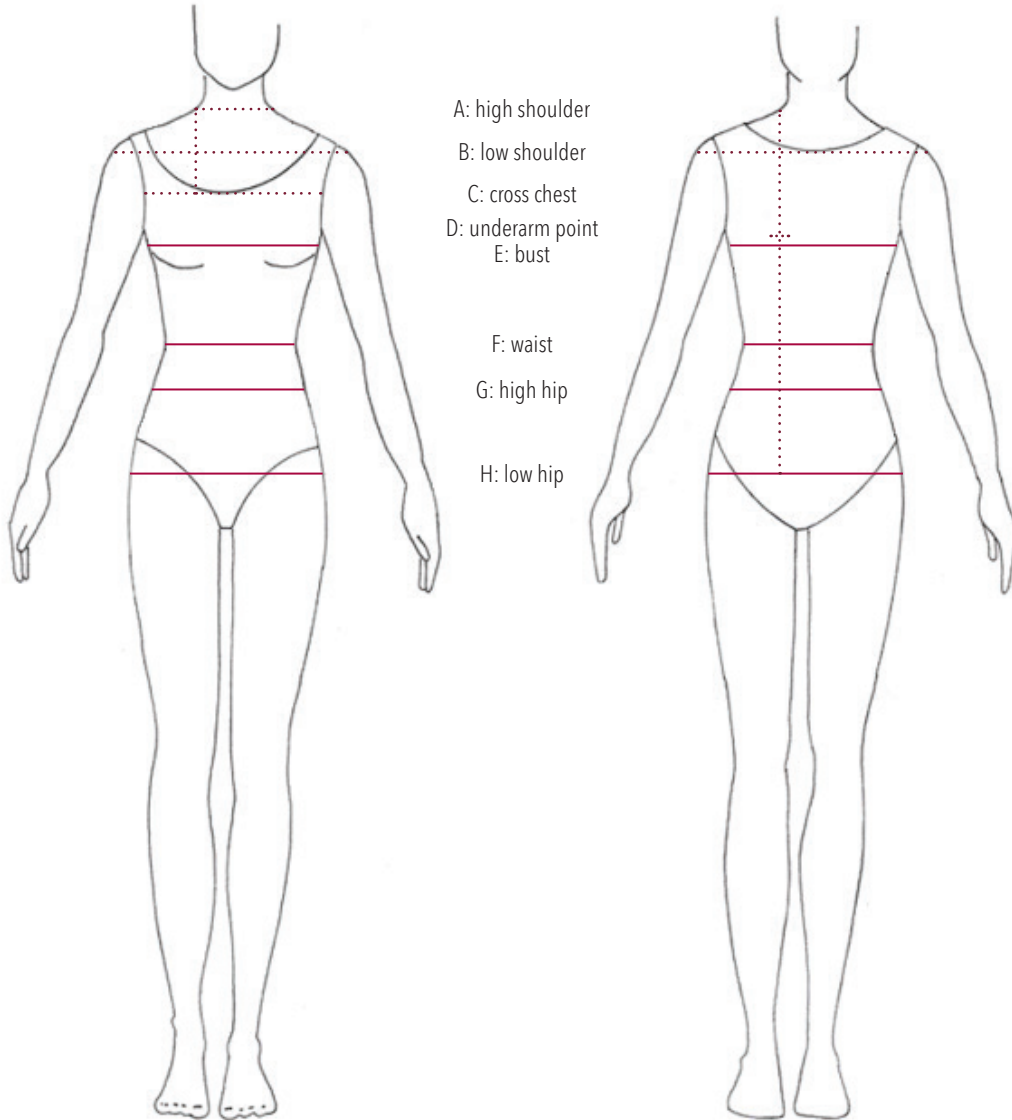
What do you want someone to think of when they think of you?

#### Measurements

Complete the chart on the following page to obtain the measurements you will need for class.

To locate the underarm point (point D on the diagram), place a pencil or chopstick between the arm and torso approximately 1" below the point where the arm and torso join. To take the measurement A-D (high shoulder to underarm point), tie a ribbon or tape around the body at this point and, making sure the ribbon or tape is level, measure straight down from the high shoulder point. Note that this measurement is taken from the back of the body.

## Body Measurements



..... flat measurement

— circumference

width at high shoulder (point at which neck and shoulder meet): \_\_\_\_\_

width at low shoulder (from tip of shoulder bone to tip of shoulder bone): \_\_\_\_\_

width at cross chest (approximately halfway between low shoulder and underarm): \_\_\_\_\_

bust (circumference; measured at fullest point of bust): \_\_\_\_\_

waist (circumference; measured at natural waist): \_\_\_\_\_

high hip (circumference; measured at hip bone): \_\_\_\_\_

low hip (circumference; measured at fullest part of hip): \_\_\_\_\_

A – B: shoulder height (length from high shoulder to low shoulder; measurement taken from the back): \_\_\_\_\_

A – C: length from high shoulder to cross chest (measurement taken from the front): \_\_\_\_\_

A – D: length from high shoulder to underarm point (measurement taken from the back): \_\_\_\_\_

A – E: length from high shoulder to bust (measurement taken from the back): \_\_\_\_\_

A – F: length from high shoulder to waist (measurement taken from the back): \_\_\_\_\_

A – G: length from high shoulder to high hip (measurement taken from the back): \_\_\_\_\_

A – H: length from high shoulder to low hip (measurement taken from the back): \_\_\_\_\_

## Materials

Please bring the following with you to class:

Your responses to the first exercise. Keep these handy. They will help focus your thinking as we discuss various design elements during the class.

Your measurements from the second exercise.

Graph paper: 4, 8 or 10 squares per inch

Pencil

Straight edge

Eraser

Calculator (or phone app)

Scissors

The pattern for one sweater (pullover or cardigan) that you are considering for your next project or for a project in the near future.